



4-H Day Superintendent – Brent Clark
Assistant 4-H Day Superintendent – Megan Adkins

September 30, 2026

The aim of 4-H club work is to teach boys and girls, through practical project training, how to become more useful and progressive citizens. The program is well balanced, as the 4-H emblem itself represents equal development of the head, heart, hands, and health. The 4-H program is organized and conducted to emphasize loyalty, fellowship, and citizenship. The development of leadership is one of the chief aims of 4-H club work.

“4-H Can Make a Difference”

Wednesday, September 30, 2026, is Feeding Hope Day at the Arkansas-Oklahoma State Fair. All who enter Kay Rodgers Park prior to 5:00 p.m. are encouraged to contribute \$1.00. All food items and collected funds will be donated to the Community Services Clearinghouse. Funds are used to purchase non-perishable food items for the Backpack Program, which provides weekend meal support to underprivileged children. This voluntary program offers an excellent opportunity for 4-H clubs to participate in a worthwhile community service activity.

EDUCATIONAL YOUTH DAY GENERAL RULES

1. Pre-registration deadline is **September 23, 2026**.
 1. [Arkansas Oklahoma 4-H Day – Fill out form](https://nam12.safelinks.protection.outlook.com/?url=https%3A%2F%2Fforms.cloud.microsoft%2F%2FBWEnmLrKRm&data=05%7C02%7Cbclark%40uada.edu%7C8e6a939da2974eee41ef08dede92eaf1%7C174d954f585e40c3ae1c01ada5f26723%7C0%7C0%7C639192919759922560%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMlIsIk)
2. Pre-registration deadline for Consumer Judging and Food ID is **September 23, 2026**.
 1. <https://nam12.safelinks.protection.outlook.com/?url=https%3A%2F%2Fforms.cloud.microsoft%2F%2FBWEnmLrKRm&data=05%7C02%7Cbclark%40uada.edu%7C8e6a939da2974eee41ef08dede92eaf1%7C174d954f585e40c3ae1c01ada5f26723%7C0%7C0%7C639192919759922560%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMlIsIk>

3. Participants must be enrolled 4-H members to be eligible for 4-H Day contests. For information on becoming a 4-H member, contact your county Extension Office. FCCLA members may participate in the Consumer Judging and Food ID contests.
4. All activities will begin at 9:00 a.m. on Wednesday, September 30, 2026.
5. All 4-H activities will award premiums in a Junior Division (ages 9–13) and a Senior Division (ages 14–19).

Place: 1 2 3 4 5

Premiums: \$30 \$28 \$26 \$24 \$22

4-H SKILLS CONTESTS

Harper Stadium – Northwest Side Bleachers

- Participants are encouraged to enter all skills contests and competitions.
- Junior Division (ages 9–13)
- Senior Division (ages 14–19)

Place: 1 2 3 4 5

Premiums: \$30 \$28 \$26 \$24 \$22

LIVESTOCK SKILLS – ALLISON HARMAN

Allison Harman, 4-H Youth Livestock Instructor – Chair

Aharman@uada.edu

4-H members will compete as individuals. Team scores will not be recorded.

This contest is open to junior and senior members. Awards will be given in both age divisions.

The contest will consist of the following six phases:

1. **Livestock Breed Identification** (20 points) – Identify 20 livestock breeds (beef cattle, swine, sheep, and goats) from photographs. A list of breeds will be provided.
2. **Livestock Equipment Identification** (30 points) – Identify the proper name of 30 pieces of equipment used in livestock production. A list of equipment will be provided.
3. **Feed Identification** (10 points) – Identify 10 types of feed. A list of feeds will be provided.

4. **Retail Meat Cut Identification** (30 points) – Identify 15 beef, lamb, and/or pork retail cuts from photographs. Contestants must identify both the species and the retail cut name. A list of approved answers will be provided.
5. **Hay and Wool Judging** (100 points) – Rank a class of four hay samples and four wool fleeces. Analysis information will be provided for the hay samples.
6. **Quiz** (60 points) – Complete a 30-question multiple-choice quiz covering the livestock industry.

POULTRY SKILLS – ANDREW BOLTON

Andrew Bolton, 4-H Youth Poultry Instructor – Chair

Abolton@uada.edu

HORTICULTURE SKILLS – ZEB GATTIS

Zeb Gattis, Sebastian County Extension Agent – Chair

Zgattis@uada.edu

Participants will judge one class each of fruit, vegetables, and shrubs. Each participant will also identify 25 ornamental plants. Final scores will be determined by the combined scores from the judging classes and plant identification competition.

RABBIT SKILLS – LAUREN CHEEVERS

Lauren Cheevers, Washington County Extension Agent – Chair

Lcheevers@uada.edu

JUDGING CONTESTS

Harper Stadium – Arena

- Participants may enter only one judging contest.
- Junior Division (ages 9–13)
- Senior Division (ages 14–19)

Place: 1 2 3 4 5

Premiums: \$30 \$28 \$26 \$24 \$22

4-H LIVESTOCK JUDGING

Megan Adkins, Sebastian County Extension Agent – Chair

Madkins@uada.edu

Contestants will not be required to give oral reasons. Judging classes will include cattle, goats, sheep, and hogs.

4-H DAIRY JUDGING

Ethan Parker, Franklin County Extension Agent – Chair

Ejparker@uada.edu

Classes will consist of two cow classes and two heifer classes.

4-H CONSUMER JUDGING

Senior Consumer Judging Chair

Casey Ford, Franklin County Extension Agent

Email: cford@uada.edu

Phone: 479-667-3720

Junior Division Coordinator

Heather Winn

Email: heather.winn@okstate.edu

All participants will judge three classes. Four placements shall constitute a class. Three of the following classes will be selected for each division.

Junior Division (Ages 9–13)

- Beverages
- Jeans
- Cereals
- Snacks
- Fast Foods
- Umbrellas
- Gift Cards

Senior Division (Ages 14–19)

- Backpacks
- Healthy Snacks
- Jeans
- Fast Food Meals
- Cookware
- Shoes

- Activewear
- Cameras

Participants will compete as individuals; teams are not permitted.

Tiebreaker: In the event of a tie, one selected class will serve as the tiebreaker and will require written reasons. Participants will have two minutes per class and two additional minutes to write reasons for the designated tiebreaker class.

PRE-REGISTRATION IS REQUIRED – NO EXCEPTIONS

- Registration forms are available electronically and must be submitted by **September 16, 2026**.
- Download forms at:
<https://nam12.safelinks.protection.outlook.com/?url=https%3A%2F%2Fforms.cloud.microsoft%2F%2FBWEnmLrKRm&data=05%7C02%7Cbclark%40uada.edu%7C8e6a939da2974eee41ef08dede92eaf1%7C174d954f585e40c3ae1c01ada5f26723%7C0%7C0%7C639192919759922560%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMtIsIkFOIjoiTWVpbCIsIlldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=XrtqqjbzpHEOtrytTIFCSjBCqG9CQmi44wS3iplvEwM%3D&reserved=0>
- Registration numbers will be assigned to each group.
- A group enrollment form will be emailed to group leaders upon receipt of registration. Completed forms may be submitted on the day of the contest.
- To reduce wait times, each group leader will be assigned an approximate reporting time.
- Each participant is responsible for bringing a pencil.
- Event information can be found at the Arkansas-Oklahoma State Fair website.
- Rules and study materials are available in the Arkansas 4-H Consumer Judging Manual.

4-H FOOD/COOKING ID CONTEST

Kaitie Golden, Logan County Extension Agent – Chair
Bgolden@uada.edu

All participants will compete as individuals. Team scores will not be recorded. This contest is open to junior and senior members. Awards will be presented in each age division.

PRE-REGISTRATION IS REQUIRED – NO EXCEPTIONS

- Registration forms are available electronically. Email bgolden@uada.edu for the registration link.

- Registration deadline: **September 16, 2026.**
- For questions, contact Kaitie Golden at 479-963-2360.

Additional Rules:

- Registration numbers will be assigned to each group.
- Junior and senior participants must be listed on separate registration forms.
- Registration numbers in the 1000 series will be assigned to junior participants; numbers in the 2000 series will be assigned to senior participants.
- Bring completed registration forms to check-in on the day of the contest.
- Changes or substitutions cannot be made once registration forms have been submitted.
- Group leaders will receive an enrollment form to complete and bring to registration.
- To reduce wait times, group leaders will be assigned an approximate reporting time.
- Each participant is responsible for bringing a pencil.

Juniors will identify 25 food and cooking-related items. Seniors will identify 35 items.

Contest categories include:

1. Appliances
2. Cookware
3. Tableware
4. Utensils
5. Herbs and Spices
6. Other Food-Related Items

Photographs will be used for all identification classes. In the event of a tie, the contestant with the highest score in the Herbs and Spices category will receive the higher placing.